



BRISBANE CANOEING INC

INTRO TO KAYAKING

3 SESSIONS

Adults only \$125

Juniors only \$70

KAYAKS, PADDLES, PFD PROVIDED

Experience Kayaking
Group Paddling Environment
3 Sessions To Build Confidence
Discount on 12 Mth Membership



3 SATURDAYS IN A ROW

EMAIL BRISBANECANOEING@GMAIL.COM. TO SECURE YOUR SPOT

SIMPSONS PLAYGROUND GRACEVILLE

SESSION INFORMATION

Brisbane Canoeing would like to invite you to start or refresh your kayaking experience with us. 3 group sessions will get you on the river in a safe paddling environment. It is an ideal way to commence paddling. This will also set you up to paddle regularly and join the club.

1

Dates / Session Dates

3 Saturdays in a row

Each On A Saturday 8.30 to 10.00 am approx.

Dates advised separately.

2

Cost / Covers All Supplied Equipment and Insurance

\$125 per person adults

\$70 per person juniors- 18 yrs and younger

There are strictly limited numbers. First in first served

\$40 discount on full 12 month membership if you join with 45 days of the last session end.

3

What To Bring/ Personal Items

1. Sports clothes (you are willing to get wet in). Shoes for water if you have them.
 2. Hat and Sunscreen
 3. Water bottle
 4. Towel and change of clothes. There is a public toilet nearby only.
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WHAT YOU LEARN - A BIT MORE DETAIL

Each week we will progressively add to your skills in stable boats which makes learning easy and fun. Experienced kayakers will help you through the basics. The end goal will be to give you enough skills to paddle in a group on flat water.

WEEK 1

Getting Started

1. Safety Brief - PFDs and Paddles
2. Set up Boats – seating - steering - check rudders
3. Learn forward stroke, stopping stroke
4. How to get in and out of the water followed by 25 min paddle. Boat washdown and put away

WEEK 2

Revise Basics and Learn More

1. Revise forward stroke then hit the water
2. Practice forward, stopping and learn back stroke
3. Learn Sweepstroke
4. Easy paddle - approx 45 mins on the water

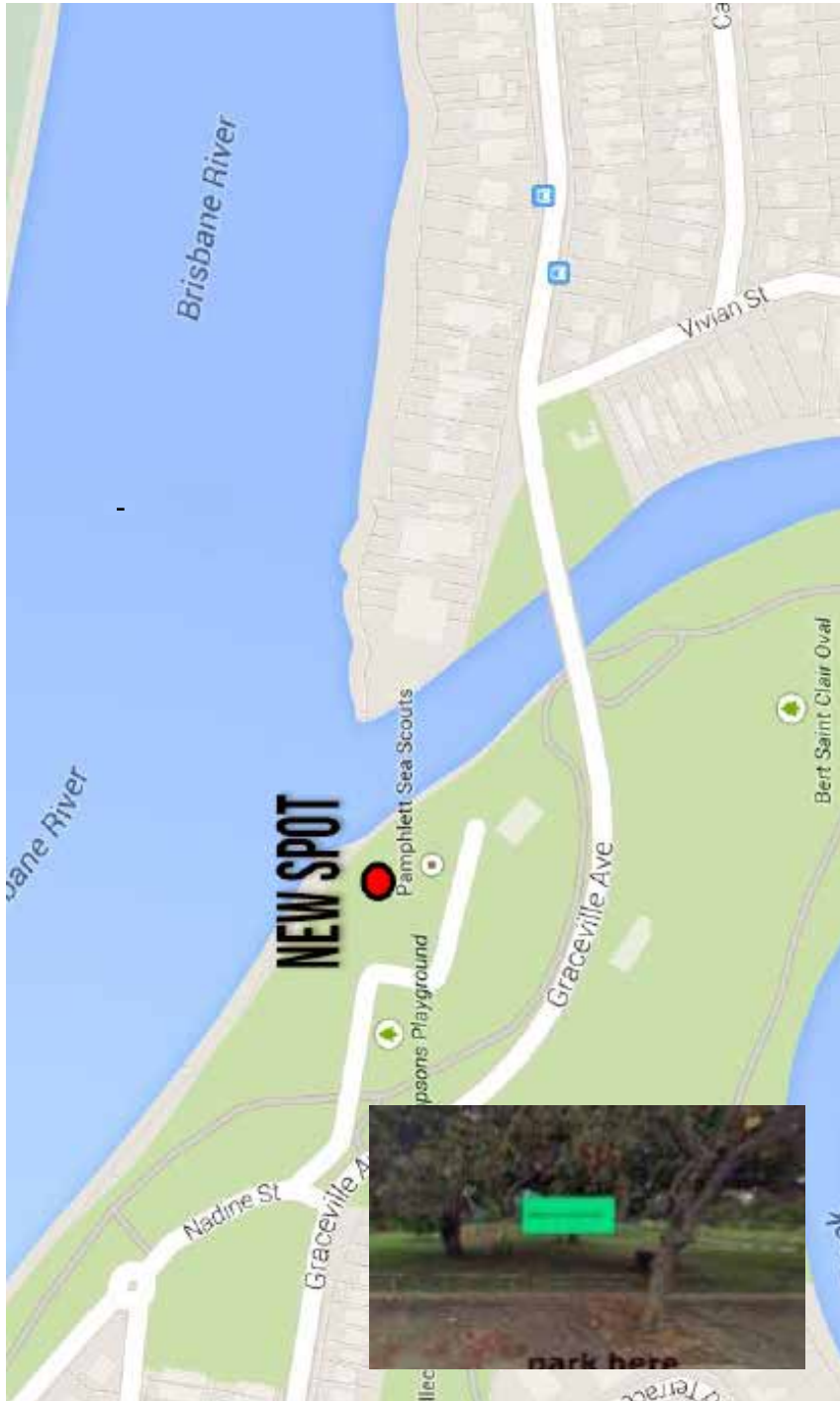
WEEK 3

Simulated Paddle

1. Prepare and organise for your own paddle. We cover tides, weather, locations and other safety essentials
2. Get yourself into the water as we paddle on the river if conditions are suitable
3. Approx 60 min paddle.

1.2

MAP - BRISBANE CANOEING INC SIMPSONS PLAYGROUND GRACEVILLE



PAYMENT INFORMATION

Please find payment information below.

1

Cost & Payment \$125 - adults \$70 children under 18

Brisbane Canoeing Inc.
CBA Toowong BSB # 06 4129
Account # 10487605

PLEASE MARK YOUR SURNAME IN REFERENCE DETAILS
PLEASE Email brisbanecanoeing@gmail.com to advise
payment once made. Thanks.

2

Refunds

Refunds are only available prior to the date of the first lesson.
Should you decide **not to proceed after lesson one no
refunds are available in any part.**

3

Kayaks/Location

The boats used are predominantly very stable Sea Kayaks
both single and *some doubles* depending upon numbers.

These are great for learning. As you progress faster boats are
available but are of course less stable.

We complete the sessions in the relative safety of Oxley Creek.





PLEASE COMPLETE AND BRING ALONG 3 DAY TRIAL

Australian Canoeing Incorporated Membership Application and Declaration



I hereby apply for membership of Australian Canoeing, my State Association and my Affiliated Canoe Club as named below. I have read, understood, acknowledge and agree to the declaration and application over page and I have signed that declaration.

Club Name Brisbane Canoeing Inc

Personal Details

Title: _____ First name: _____ Surname: _____

Membership Type Trial Membership

Juniors - Guardian Name: _____

Specific Medical Conditions - Please list and discuss with your instructor and see "Medical Details" below

Date of Birth ___/___/_____

Phone Numbers

Home: _____ Mobile: _____

Male Female

Address Details (Postal Address)

Address: _____ Suburb: _____ State: _____

Post Code: _____ Country: _____ Email: _____

Medical Details

If you suffer or have suffered from any disease or physical or mental disability (e.g. epilepsy, diabetes, or any permanent disability to a limb, eye or ear) likely to affect your efficiency, it may affect your safety and the safety of the public. You should consult your medical practitioner and AC prior to commencing any canoeing activity.

Emergency Contact

Family name: _____ Given name: _____ Relationship: _____

Telephone – Home: _____ Work: _____ Mobile: _____

Declaration:

I have read, understood, acknowledged and agreed to the declaration and application overleaf. I have signed that declaration and I warrant that all information provided is true and correct at the time of completion.

Signature _____ Date: _____

Parent/Legal guardian consent:

I have read, understood, acknowledge and agree to the declaration and application and conditions of membership overleaf and I personally consent to the declaration and application for membership of the applicant.

Family name: _____ Given name: _____

Signature: _____ Date: _____

Club Use Only

Date received: _____ Payment Received: \$ Club _____ QC \$ _____ AC Number: _____

Entered on MyClub Signature of Affiliated Club officer: _____ Date: _____



PLEASE COMPLETE AND BRING ALONG

TRIAL MEMBERSHIP Australian Canoeing Incorporated Membership Application and Declaration



I _____
(Name)

Of _____
(Address)

hereby apply for membership of AC. In so applying and in consideration of my application for membership being accepted I acknowledge and agree that:

- 1 "AC" for the purposes of this membership application and declaration means and includes Australian Canoeing Incorporated, its members (including State Associations and Affiliated Clubs) and where the context so permits, their respective directors, officers, members, servants or agents.
- 2 If accepted I will be a member of the affiliated club named on this form, State Association and AC.
- 3 This document cannot be amended. If I do amend it my application will be null and void. AC cannot accept it.
- 4 Insurance is in place that provides limited cover to me whilst I am performing or participating in any authorised or recognised AC activity ("AC Activity"). (For insurance details contact your State Association.) I can, in my own interests, seek and obtain personal insurances over and above the cover provided by AC.
- 5 The AC Constitution is a contract between me and AC. I will be bound by it and any By-laws made under it. It is necessary and reasonable for promoting AC and canoeing. For the avoidance of doubt, I acknowledge and agree to comply with the Constitutions and By-laws of AC, the State Association and the affiliated club named on this form if my application is accepted.
- 6 **Warning:** Canoeing can be inherently dangerous. Serious accidents can and often do happen which may result in me being injured or even killed. I have voluntarily read and understood this warning and accept and assume the inherent risks in canoeing.
- 7 **Exclusion of Liability:** Except where provided or required by law and such cannot be excluded, I agree that it is a condition of my membership (if accepted) that AC is absolved from all liability however arising from injury or damage however caused (whether fatal or otherwise) arising out of my membership and/or participation in any AC Activity.
- 8 **Release and Indemnity:** In consideration of AC accepting my application for membership I:
 - a) release and forever discharge AC from all Claims that I may have or may have had but for this release arising from or in connection with my membership and / or participation in any AC Activity; and
 - b) indemnify and hold harmless AC to the extent permitted by law in respect of any Claim by any person including but not only another Member of AC arising as a result of or in connection with my membership and / or participation in any AC Activity.

In this clause 8 "Claims" means and includes any action, suit, proceeding, claim, demand, damage, penalty, cost or expense however arising but does not include a claim in respect of any action, suit, etc. made by any person entitled to make a claim under a relevant AC insurance policy or under the AC Constitution or any By-laws.

9 **Fitness to Participate:** I declare that I am and must continue to be medically and physically fit and able to participate in any AC Activity. I am not and must not be a danger to myself or to the health and safety of others. I will immediately notify AC in writing through my Affiliated Club or State Association of any change to my fitness and ability to participate. I understand and accept that AC will continue to rely upon this declaration as evidence of my fitness and ability to participate.

10 I have provided the information required overleaf and signed both sides of this form. I warrant that all information provided is true and correct.

11 **Privacy:** I understand that the information I have provided overleaf is necessary for the Objects of AC. I acknowledge and agree that the information will be disclosed by my Affiliated Club to the State Association and AC and will only be used for the Objects of AC and to provide me with membership services. I understand that I will be able to access my information through my Affiliated Club and/or State Association. If the information is not provided my membership application may be rejected. I acknowledge that AC may also use my personal information in accordance with the AC Privacy By-law.

I may advise AC if I do not wish to receive from AC any AC sponsors or third parties' promotional material.

12 **Copyright in photographs and right to use:** I acknowledge and consent to photographs being taken of me during my participation in AC Activities. I acknowledge that AC owns the photographs and that AC may use the photographs for promotional or other purposes without my further consent being obtained.

I have read, understood, acknowledge and agree to the above declaration including the warning, exclusion of liability, release and indemnity. I acknowledge that if my application for membership is successful I will be entitled to all benefits, advantages, privileges and services of AC membership

Signed: _____ Date: _____

Name: _____

Where the applicant is under 18 years of age this form must also be signed by the applicant's parent or legal guardian.

I _____ am the parent or guardian of the applicant. I expressly agree to be responsible for the applicant's behavior and agree to personally accept the conditions set out in this membership application and declaration including the provision by me of a release and indemnity in the terms set out above.

Parent's signature: _____
(where applicant under 18 year. old)

Name: _____

Date _____